October 2019

Bennett Valley Hills LIVING An Independent Publication Exclusively for The Residents of the Eastside of Summerfield An Independent Publication Exclusively for The Residents of the Eastside of Summerfield Rd.

Meet Your Neighbors! ROBERT & BONNIE BUTWIN

> FREE WINE TASTING see page 11

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MAGAZINE QUESTIONS, IDEAS & RECOMMENDATIONS



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PUBLISHER'S mote

It's hard to believe that fall is here and the holidays are just around the corner! I want to take a moment to recognize the second anniversary of the Tubbs Fire. As our recovery continues, I am proud of how far we have come. Its been a hard journey for many of us and our friends. I also want to thank all of our first responders, who will

be working hard again this fire season - saving communities and lives!

Stay Up To Date on

all our great events and activities in Bennett Valley and Sonoma County by following me on Social Media:

f FaceBook: Please like or follow: facebook.com/Santa.Rosa 0 Living.Magazines Instagram: @Santa Rosa Living

I want to thank all of our readers and all of our wonderful business sponsors for your support - making Bennett Valley an even more special place to live!



Cheers!

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Meet NADIA ALRAWI

BV Hills Living Writer

I am pleased to introduce Nadia Alrawi, our neighbor and my right-hand writer for Bennett Valley Hills Living. I met Nadia at a BV Visions Work Day planning meeting

and she immediately expressed how much she enjoyed the magazine and wanted to help!

In this issue, you can read Nadia's articles on Grant Hurd, our Athlete Spotlight and Angelina Duckett this month's volunteer whose Children's Memorial Grove project will move you.

Nadia lives in Fairway View Estates with her husband, Michael, and daughter, Ariana. They moved to the neighborhood five years ago to be close to their favorite hiking paths in Annadel. Nadia is a real estate agent with W Real Estate and specializes in the Bennett Valley area. In addition to her own home, she and Michael own several rentals in Bennett Valley.

What makes *Bennett Valley Hills Living* so wonderful are the pictures and stories about the families, kids, athletes, volunteers, and pets living in the neighborhood. If you have an idea for a story or would like to have your family featured or would like to nominate someone for a feature, feel free to contact Nadia directly! You can reach her at (707) 494-5637 or Nadia@ WRealEstate.net.

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Honoring Our Firefighters and First Responders

Bennett Valley resident, David Benjamin Gruenbaum, felt a deep sense

of obligation to the heroes that saved our community and our lives in the 2017 Wildfires. In their honor, he wrote and produced a song and video with a goal of using it to raise donations for the CA Fire Fund.

Please check out the video on YouTube: https://www. voutube.com/watch?v=7VkCfMblJ4A

And visit **CAFireFoundation.org** to learn more.

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Montgomery Village

See Page 2



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See Page 19



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BV Visions Fall Workday

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Meet Robert & Bonnie







hirty-five years ago, Bonnie was on a break from work and picked up the local newspaper to read during lunch. Perusing the personal ads (long before the internet), Bonnie found one that piqued her interest. She composed a letter and sent it via snail mail - along with the required \$1 fee. Robert received 18 responses to his ad, but one stood out above the others.

They made a date to go on the "Parade of Homes" tour in their city, Minneapolis/St. Paul. During the first hour of their date, Bonnie decided that Robert was **not** for her! Bonnie, having grown up in North Dakota, was very much a naturalist and didn't like Robert's initial topics of conversation - business, cars, and money. At the time Robert had just left running one of the hottest nightclubs in the Twin Cities to focus more on his family's business - a sports apparel company started by his grandfather in 1938 - Butwin Sportswear, which created an industry out of manufacturing and selling cheerleader and award (letter) jackets.

Luckily, their blind date made it past the first hour, and the two 30-somethings dove into the more important things in life - it's been the adventure of a lifetime ever since - and keeps getting better!

Two months into their romance, Robert discovered Multi-Level Marketing (MLM) and jumped right into it. He made some mistakes while learning the business and accumulated a good amount of debt in the process. Bonnie thought that he was a little crazy to keep doing what didn't seem to be working. But one afternoon on one of their long walks together in a nature preserve, Robert declared, "There is absolutely nothing and no one who can stop me from being successful in MLM." Bonnie knew that included her, so on that day, she chose to stand beside and support him 100 percent. And millions of dollars later – she's glad that Robert never lost sight of the lifestyle that MLM could provide their family!

Robert and Bonnie married two days shy of their second anniversary of meeting. Their son, Marc, was born two years later and their daughter, Randi, two years after that. Robert continued to work with his Dad and brothers in the family business while he built his MLM business.

On September 7, 1990, just after Randi was born, they decided to leave the family business, leave the bitter cold of Minnesota, and take their MLM business to Scottsdale, AZ. They continued to build their business and achieved massive success based on their philosophy of living a life of balance.

Robert explained that there are a lot of misperceptions about MLM, but what it truly is, and what he loves about the business, is helping others to be successful and craft their most meaningful life. To help even more people in the business, Robert authored a guide to success in the MLM industry titled Street Smart *Networking, a no-nonsense guide for creating the most richly* rewarding life you can possibly imagine. (ISBN-10: 0963425951).

After seven years in Arizona, the Butwins decided to find a place to live where the kids could breathe fresh air and play outside. Robert had been to Santa Rosa for a MLM event and knew that Bonnie would love it here. When he came home, they decided to return together to see if Santa Rosa was the perfect destination. They looked at 12 homes and when Bonnie walked into the still unfinished 13th home in the Castle Rock section of the neighborhood, it took five seconds to know this would be their home. Marc and Randi were 9 and 7 and Bennett Valley became their forever home.

Both Marc and Randi attended Bennett Valley schools and graduated from Montgomery High. Both still live locally - Marc is a Manager at Wyndham Resorts in Windsor and Randi, who graduated from Sonoma State with her Master's in School Counseling and Marriage & Family Therapy is working on her 3,000 clinical hours to become licensed. Randi, her husband, Anthony, and their two sons, Memphis and Jaxon, live right here in Bennett Valley - perfect for Bonnie and Robert who love spending lots of time with them!

When not hanging out with their grandsons, Robert and Bonnie have an enormous appetite for traveling! They've been to 41 countries together and hope to visit 70 by the time Bonnie turns 70. In addition to their travel together, Robert has racked up a few extra miles and earned a 2 million-mile plaque from United Airlines a couple of years back!

One of their favorite family trips was in 2017 and included Marc, Randi, and her family for two weeks in Ireland to celebrate Randi's graduation. It was the best trip of their lives thus far - even after driving 1,500 miles in a packed car together. They had so much fun they are planning their next family trip! But Robert and Bonnie's very next trip will be just the two of them, touring five countries in South America.

Bonnie, an avid gardener and photographer, loves taking pictures on their trips and creating printed photo albums of each adventure! Another way they love to commemorate their trips is to find something special to bring home from each trip, often a piece of art by a local artist or craftsperson.

Books of all kind bring great joy to Bonnie. In addition to the travel photo books, she also loves making family books and makes one for each year of her grandson's lives. She also loves to proofread friend's books. The latest book she proofed was her friend Joy Taylor's book, Inspired - 7 Wisdoms of a Soul Inspired Life.

Another passion Robert and Bonnie share is healthy and sustainable living. They both stay very active. Robert plays basketball at the Y three times a week and they both enjoy taking long walks around the neighborhood or in Annadel. They also eat a mostly plant-based diet and Bonnie has never even had coffee or a beer! Any MLM company that they have invested in has revolved around the health industry and they are currently distributors of the popular whole food supplement, Purium.

Thank you, Robert and Bonnie, for sharing your story! We look forward to hearing about future adventures! If readers

would like to know more about the MLM industry or the Purium product line, feel free to contact Robert at (707) 694-1580 or butwin@gmail.com.



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Bennie & NaTALie

Bennie and Natalie, 21/2-year-old French bulldogs, were adopted last year just before Thanksgiving by the Sheldon family. The family was originally just looking for one dog, but when the Craigslist alert came up that a pair of French bulldogs were available, they couldn't resist and adopted both dogs! The family immediately fell in love with the pair and knew right away that they were the perfect fit for them.

Despite being so close in age, they are not siblings. Natalie was actually born in Budapest and transported over by the previous owner, who insisted she stay with her adopted brother, Bennie.

Both dogs have their unique characteristics. Natalie took on the role as the family guard dog. She always watches the kids closely as they play in the pool. However, it turns out, Natalie can't swim and actually had to be saved by Emmett when she fell into the pool one day. Needless to say, both dogs now wear lifejackets when hanging out by the pool.

Natalie's favorite toy is her little Minnie Mouse, whose nose she uses for "nursing." Bennie has "little man syndrome" according to his dad, Scott. He's the barker and the lapdog in the family and loves snuggling with Natalie at night. Due to their loud snoring, both dogs are not allowed to sleep in close proximity to the family but are otherwise always by their sides. One thing the two dogs have in common is their snorting when excited!

Natalie and Bennie have been the perfect addition to the Sheldon family and they are so happy that they decided to add both of these two sweeties to their family.





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Grant Hurd is a Sophomore at Montgomery High who, just like his brother, Garrett, who was featured in the last edition of *Bennett Valley Hills Living*, is on the Cross Country and Track and Field team, which he is planning on continuing through college.

Following high school, Grant is hoping to attend the Naval Academy. He has received several awards including the "Scholar Athletes Award" and the "Coaches Award" for Cross Country – great accolades which will look great on his applications!

However, Grant's biggest passion is mountain biking! Living in the hills of Bennett Valley, gives Grant the opportunity to frequently bike through Annadel State Park. His enthusiasm for mountain biking started at the young age of 6 when got his first "Golden Gary Fisher" suspension bike from his grandpa as a birthday gift. He would start off mountain biking with his parents and just recently started working with a sponsor.

Grant travels frequently to places like South San Francisco and Pacifica to find the perfect trails to test his skills and endurance. He is strongly involved with the biking community here in Sonoma County. Grant feels fortunate to have met his biggest idol, Tyler McCaul, a professional downhill rider for Red Bull, one of the best of his kind.

One of Grant's mountain biking highlights thus far was making his first big jump, which was approximately 10-foot high at Stafford Lake bike park. I couldn't help but wonder if Grant's parents ever get worried about him getting hurt – when I asked him, he replied ... constantly! To improve his safety, his parents finally convinced him to get a full-face helmet.

Grant's best advice to anyone interested in mountain biking and perhaps even going pro is to "push your limits because the harder you go, the better you get and the more committed you become."

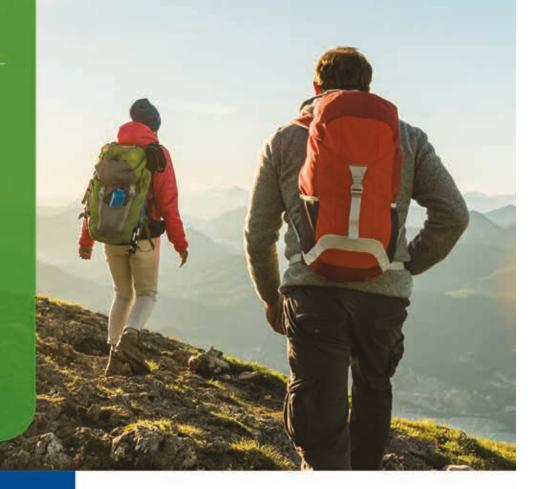


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James Blair always loved making things. He grew up in London, so when it was time to go to college, he opted for the Art College in Manchester, England. He majored in 3-D design and after graduation started making things out of wood – spiral staircases, replica medieval windows, and craftsman style cabinets. But he found his niche designing and building kitchen and bath cabinetry. With his fine craftsmanship and design skills, James' clients were thrilled with the handsome additions he created for their homes. But James wanted to explore America and decided to make a go of it here, moving to the East Coast in 1988. He met his wife, Julie, there and in 2000, they decided to come to Santa Rosa where she had previously lived.

Lindia and James

business

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James had learned that building cabinets from scratch was not going to be a sustainable business - and with his background and experience, James was hired as a designer at the former Sonoma Kitchen and Bath store. He had also come to understand that there is a big misconception about custom cabinets, with most people believing that "custom" can only come from local makers. But, he discovered several quality cabinet companies that make fine custom products that can be combined with standard products, giving homeowners more options and better pricing, without sacrificing craftsmanship.

James loved focusing only on designing. With access to multiple cabinet lines, he was able to create the type of kitchens that his clients fell in love with – and he became the top salesperson each year until the business folded in the recession.

With his 20-plus years of knowledge of building, designing and working with people, James went back in business for himself, opening DreamSpace Design in 2009, bringing former co-worker Lindia Blanton onboard a few years later. James is very picky and demands a high level of craftsmanship, good warranties, excellent service, enough options, and good pricing from a cabinet maker. After going through a few brands, he finally found the right company in Sollera. From Canada, Sollera meets all of James' requirements and then some. In addition, they offer a lifetime warranty, a 6-8 week delivery guarantee, fantastic finish options,

and the best

hardware

options

available.



CABINET DESIGN AND SALES

I asked James what a potential client can expect when they contact DreamSpace Design:

James explained that their first step is to just ask a lot of questions to help understand the full scope of the project. Questions may include: Are walls being moved? Have fixtures and finishes been picked out? What is the desired schedule?

If there seems to be a possible good fit, they will schedule a complimentary one-hour consultation, usually in the client's home or in the DreamSpace showroom. During the meeting, everyone gets a chance to know each other. James or Lindia learn more about the project, the lifestyle and goals, their aesthetics, and budget. They can then formulate a proposal that will allow them to measure the space and start the process of creating a set of plans. This usually entails a 'Design Retainer' fee of between \$500-\$2,000, depending upon the size and complexity of the project. For a kitchen remodel, this initial payment is rebated back against the cost of cabinets, once the order is placed.

The plans show the vision, flow, and storage options as well as any other issues in 2D and 3D. James and Lindia prefer to work collaboratively with their clients and want their feedback and creative ideas. Once the plans are solidified, a contractor can put together a realistic bid.

After the initial plans are made, another meeting is held where all aspects about the cabinets are reviewed from layout to finishes and hardware and how they affect the budget. James and Lindia enjoy helping their clients understand what they are choosing and advising them on all aspects of the project, not just the cabinets. For example, they are very experienced with helping their clients sort through the many choices for finishes and styles that will work with their existing flooring and countertop choices, and their home's overall aesthetic.

What Are Key Remodel Considerations?

Make A Plan. This investment is so important, and getting the plan created by an experienced professional can save so much heartache (and money) later in the project.

Define Budget. With a plan, the budget can be created before any work has started, so there should be no surprises.Caution! It's tempting to purchase everything online. This can help save money but beware of 'deals' where you cannot see or feel the product so you know the quality you will receive.

Why Choose Dreamspace For Your Kitchen Or Bath Remodel?

James and Lindia are a small business, with a big heart! They value honesty and communication. Their goal is to truly help their clients, no matter how small the job and they are usually thanked with great referrals from their many happy clients. They consider themselves 'partners' to their clients, and expect to be their support throughout the upheaval – until the project is complete.



When James is not busy helping his clients transform their kitchens and baths, he and his wife, Julie, focus on living a healthy, active life. They enjoy cooking great food, using the best ingredients, to be shared with friends. One of James' great passions is riding his mountain bike across Annadel State Park or up in the Sierra's (His Strava handle is James Blair, so check him out!). He also loves sailing and has a small boat on Tomales Bay, for some quiet 'nature time.'

Have you been dreaming about a new kitchen or bath? James and Lindia would be honored to see if they can help you bring your dreams to fruition! Just give them a call – there's never any obligation.





J Gallery Owner, Judy Reilly with Artist Name



Brady Moran from Red Car Winery



Saxophonist Charlie Fields



AN ART-FILLED NIGHT

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Hours: Tues.-Sat. 11 am-6 pm; Sun.

www.JGalleryFineArt.com

12-5 pm. Closed Mondays



J Gallery

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Red Car Winery www.RedCarWine.com $\mathbf{R} \mathbf{E} \mathbf{D} \cdot \mathbf{C} \mathbf{A} \mathbf{R}$ 8400 Graton Rd. - Sebastopol (707) 829-8500 Hours: Daily 10 am-5 pm













Downtown Santa Rosa has a new fine art gallery - J Gallery! Located on D. Street between 4th & 5th, J Gallery is the 30-plus year dream of Judy Reilly, a Bennett Valley resident.

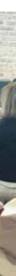
From the moment she enrolled in an art appreciation course in college, she was hooked on art - as an observer, an appreciator, a marketer, and a patron. Although Judy started her career in the San Francisco art galleries in the 1980s, she set it aside to move to Santa Rosa and raise a family. After retiring from a career as the Sales Director for a reading program, Judy finally realized her dream and opened J Galley this past February.

The Gallery walls are donned with the paintings of several artists that Judy has appreciated and represented before. She even features a couple of sculptures by someone you know - yes, me! When I am not making these wonderful magazines, I am a professional sculptor.

To help Judy spread the word about her new gallery, we hosted an amazing party this past summer. Several of the artists were able to attend and **Oliver's Market** catered a delicious spread and Red Car Winery came and poured their winning Chardonnay, Pinot Noir, Rosé, and Syrah.

One of the many highlights of the event was the fantastic saxophone solos performed by Skyhawk resident, Charlie Fields (his family was featured in the August issue). It was the perfect culmination of the arts brought to life in our very own downtown!







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Tasting Room: 499 Moore Lane – Healdsburg

Carol Prezel opened Carolina & Co. in Railroad Square over 13 years ago. Hailing from San Francisco, Carol spent many years a fresh flower florist and also taught floriculture. After moving to Santa Rosa, Carol went into retail and focused on highend permanent silk arrangements, custom embroidery, and a stylish selection of ribbons, and party and unique home decorations.

As retail continues to change, so has Carolina & Co.! Moving forward with a "studio style" environment, Carol has transformed her gorgeous space into the perfect spot where she can feature workshops and customized private parties.

To give us a taste of her workshop/ party style, Carolina & Co. hosted us to a Girls Night Out "Flower Bar" party. While we sipped award-winning bubbly provided by **Breathless** **Wines** and nibbled on delicious home-made treats provided by Carol, she taught us how to make stunning hand-held fresh flower bouquets. And we got to take them home!

The event was perfect! Everyone had a sublime time and imagined hosting their own private girls night, tea party, bridal, engagement, or baby shower...etc! Carol would be happy to help you come up with the perfect event to celebrate an event and bring out everyone's inner artist!

Carolina & Co Upcoming Workshops – Space is Very Limited - sign up on or email to get future event info! CarolinaAndCo@gmail.com

Paper Flower Art

Sat., October 12 from 1-4 pm Learn to make bright and cheerful paper flowers! \$50 - supplies included

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haron Cohn – Breathless Wines



Garland ... Three Ways!

Thurs., October 17 from 6-8 pm Learn to take leftover yarn, ribbons and other treasures to create a fun and festive garland. \$50 - Includes all supplies, sips, and nibbles.

Creative Table Settings

Sat., November 23 from 1-4 pm Learn how to make the perfect table for any event! \$20 - Includes \$10 store credit

Thank you, Carolina & Co for a fun event in your beautiful event space and thank you, Sharon, from Breathless Wines for sharing you and your sister's bright and balanced bubbly! I think we should do this again sometime soon!



Disclaimer: The business reviewed in this section provided products and/or services free of charge in exchange for this review.





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Real Estate

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Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	SqFt	Bath
4620 Parktrail	Bennett Valley	\$1,085,000	\$1,100,000	09/03/19	22	5	3,197	3
4813 Glencannon	Bennett Valley	\$645,000	\$645,000	08/26/19	111	4	1,804	2
4885 Devonshire	Bennett Valley	\$799,950	\$820,000	08/23/19	35	3	1,750	2
4715 Shade Tree	Near BV	\$539,900	\$560,000	08/08/19	28	2	1,538	2
3212 Old Ranch Dr.	Bennett Valley	\$1,100,000	\$1,203,098	08/02/19	25	4	2,489	2.5
4975 Hoen Ave	Bennett Valley	\$739,000	\$739,000	08/01/19	87	3	1,996	2.5
4824 Post Ct.	Bennett Valley	\$725,000	\$710,000	07/31/19	47	3	2,046	2.5
4707 Woodview Dr	Bennett Valley	\$989,000	\$975,000	07/25/19	35	3	2,260	2.5
4958 Hoen Ave.	Bennett Valley	\$739,900	\$730,000	07/20/19	28	3	1,782	2
4804 Glencannon St.	Bennett Valley	\$749,900	\$770,000	07/17/19	32	4	2,024	2
2135 San Antonio Dr	Near BV	\$737,000	\$745,000	07/08/19	17	4	2,086	2
4869 Parktrail Dr.	Bennett Valley	\$699,500	\$685,000	06/12/19	37	3	1,808	2
4747 Trafalgar Pl	Bennett Valley	\$740,000	\$740,000	06/07/19	31	3	1,875	3





Looking for a lifestyle change?

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> Thank you to all of my wonderful clients who helped me have an amazing 2018!

o Homes

WINE COUNTRY GROUP

Meet Angelina Duckett And Children's Memorial Grove – An ArtStart Project

ArtStart is a local non-profit art organization located in Bennett Valley, which provides opportunities for Sonoma County's youth to apply to five-week summer art apprenticeships. Once accepted, the young artists take part in large public and privately commissioned art projects throughout Sonoma County.

The apprentices, range between the ages of 14-20, are mentored and guided by lead artists throughout the program and work on a variety of projects. You may have admired some of these projects already without realizing where they came from. So next time you enjoy the beautiful Prince Memorial Greenway mosaics or the colorful Roseland Village murals, you can now know that the young artists from ArtStart and its inspiring staff are behind it.

One truly inspiring and moving project is located in the heart of Bennett Valley's Spring Lake – the Children's Memorial Grove. The grove project is a collaboration between ArtStart and Sonoma County Regional Parks.

The original grove had been in existence for many years. However, lead artist Angelina Duckett had a vision to enhance the already existing concrete bench which is the center point of the grove. She brought her vision to ArtStart and along with the Regional Parks, they came up with the idea to provide families the opportunity to design and create a unique mosaic for their deceased children and place it on a section of the bench. The families can directly be involved in the project from start to finish with guidance from Angelina and her team.

Even though the Children's Memorial Grove was originally intended as a site to memorialize children, the outside surface of the bench has since become available to memorialize adults as well. The Children's Memorial Grove has truly become a magical place. It is not a place of sadness, but rather a place that is healing and uplifting for people that have been through the unimaginable heartache and sadness of losing a loved one.

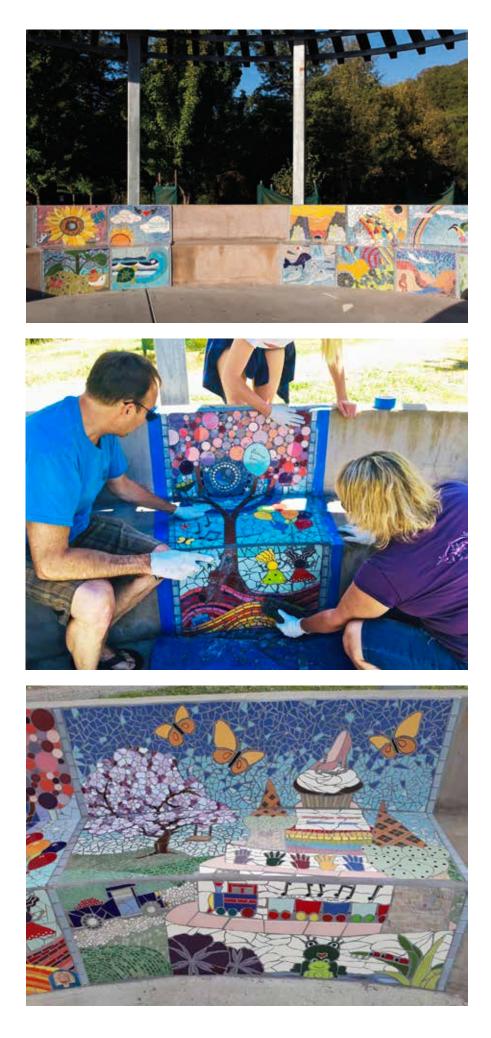
The family and friends of these lost loved ones have formed a small community here and have bonded, being able to share their moments with each other. I had the great fortune of hearing some of the emotional, yet heartwarming stories of two families that have formed a special bond with each other during the creation of their children's mosaics ...

As Andrea and her mother spotted the young artist working on a mosaic, they decided they would like to dedicate one to their own loved one, Savannah. The family came up with a list of things that reminded them of the young girl and passed it on to Angelina. As Angelina was designing her tile, she felt the need to add a crescent moon. What she didn't realize was that someone very close to Savannah had a vivid dream long before the creation of the mosaic, of 10-year-old Savannah sitting on a crescent moon next to her favorite singer Johnny Cash, waving to the earth below.

During the placement of the mosaic, Connie, a young grieving mother of her children, Juliana and Julian, walked up to



Angelina Duckett



Savannah's parents and they started sharing their experiences and immediately formed an incredible bond that lasts to this day. With the help of Savannah's parents, Connie was able to place her children's mosaic next to Savannah's crescent moon. Each item on the mosaics represents a part of the child's life and personality. Juliana's love for frogs and her sense of fashion is represented by the frog with the long eyelashes and high heels, while a train represents her little brother, Julian, who loved playing with them so much. Savannah refused to call a party "a party" without balloons. Needless to say, balloons could not be missing on her mosaic.

Just by hearing these stories, I couldn't help but notice how much I was learning about these children without having met them in person ...

You will also soon be able to enjoy a beautiful mosaic display created by ArtStart to mark the entrance of the Children's Memorial Grove in the near future.

Angelina Duckett, the artist behind these beautiful mosaics in Spring Lake started as an apprentice herself at ArtStart when she was 14 years old and worked her way up to an assistant lead artist.

Eventually, she left the organization to go to college where she majored in communications and studio art. After obtaining her degree she started working as a graphic designer which she quickly realized was not to her liking. So, in 2014 she created her own business "Angelina Duckett Mosaics" and started working with ArtStart as a lead artist for the summer apprentice program.

Angelina's sincere and caring personality is reflected in the work she does. She remains in close contact with many of the parents who asked her to help them design and create their loved one's mosaic. It was a true pleasure for me to meet and have the opportunity to interview this inspiring young artist.

If you are interested to learn more about the program or make a donation, please contact ArtStart at (707) 546-2345 or visit their website at www.ArtStart.us



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Whether removing old contaminated insulation, adding insulation to your attic, or adding acoustic insulation for sound control, there are many different types to consider!

TYPES OF INSULATION

Batt insulation is fiberglass blanket insulation that comes in rolls or sheets and designed for easy handling. It is used between framings such as studs and joists. Batts are available in a variety of lengths, widths, and R-values.

Loose-Fill insulation is blown-in with a machine directly into the attic. Blowing in insulation is faster than installing batts and offers better coverage by completely covering the attic floor.

Spray polyurethane foam (SPF) is a spray-applied plastic that can form a continuous insulation and air-sealing barrier on walls, roofs, around corners, and on all contoured surfaces. Spray foam insulation is known to resist heat transfer extremely well and offers a highly effective solution for reducing unwanted air infiltration through cracks, seams, and joints.

Radiant Barrier Foil is a layer of metalized film facing an airspace and is installed inside the envelope of a building, usually on the bottom face of the roof rafter or between the rafters against the roof sheathing. Radiant barrier foil reflects electromagnetic radiant heat energy from the sun and dramatically reduces the amount of heat gain and heat build-up in attics, improving the summertime energy efficiency performance of most homes.

Rigid Insulation is a building material used to provide thermal resistance to walls, foundations, and roofs. It is available in formed or extruded sheets varying sizes, which are made from polystyrene or polyurethane. This polyisocyanurate insulation board helps improve the energy efficiency of a home by keeping cold or hot air from penetrating the walls.

Alcal Specialty Contracting are experts in insulation installation and removal and can help you determine if replacing or upgrading your insulation will be beneficial. For more information, contact our local Alcal office at (707) 544-4386 or visit www.Alcal.com

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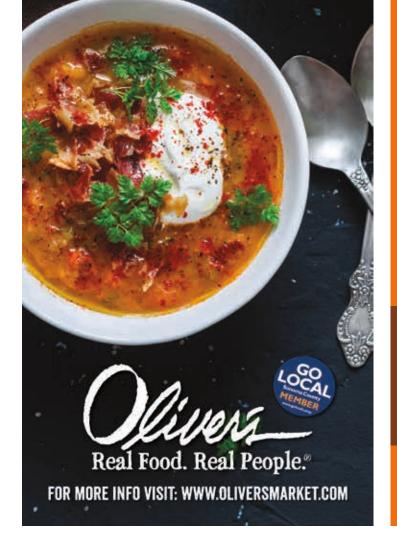
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Saturday, October 26 Howarth Memorial Park

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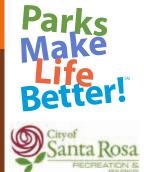


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